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### A comparative study on parental encouragement for urban male and female adolescents in district Sultanpur of Uttar Pradesh

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#### Abstract

The present investigation entitled “A comparative study on parental encouragement for urban male and female adolescents in district Sultanpur of Uttar Pradesh”, aimed to explore the parental encouragement of urban adolescents. The study was conducted on urban adolescents sample of 200 (100 male and 100 female) in the age group of 13-18 years belonging to district Sultanpur of U.P. The sample was randomly drawn from four intermediate college selected from urban areas of Sultanpur district. The parental encouragement was studied with the help of Scale developed by Dr. R.R. Sharma to judge the parental encouragement of urban male and female adolescents. The results of the study indicated that there is significant difference were found between urban male and female parental encouragement.

**Keywords:** Parental encouragement, adolescents

#### Introduction

Parental encouragement refers to parental attitudes in shaping personality development, methods of inspiration, ways of helping in adjustment and performing in academic duties of adolescents.

Adolescence is the transitional period from childhood to adulthood. It begins around 10-12 years and ends at 18-21 years of age. During this transitional period there are major physical, mental, emotional changes takes place. It is a time of obtaining new skills, attaining mastery over surroundings, learning to handle new duties and gaining control over emotions and thoughts. Such changes during adolescence are more quickly than any other stage of human development. The adolescent begins his life under the encouragement regard care of his parents and others who are associated with the family. It is the family which satisfied the basic human needs.

Wonderful and melodious relationship between adolescents and parents and other members of the household contributes to develop a sense of security. Every adolescent's needs recognition for his achievement and success from the members of his family. Appreciation, encouragement, attention and recognition need to be given truly and frequently. The family provides an opportunity to the adolescent's to experience success by itself greatly contributes to the growth and development of adolescent's.

The adolescent begins his life under the fostering affection and care of his parents and other near and dear ones who are associated with the family. It is in the family, where the foundation of a healthy or unhealthy personality is laid down. It is the family which satisfies most of the basic human needs that may be physical, psychological and social. A child needs to have a sense of security not only physical but also emotional. He needs to be able to take for granted complete affection from all members of the family but also be able to express his love in various ways. Cheerful and melodious relationship between parents and other members of the family contribute to development the sense of security. Through this, adolescent's develops a sense of belongingness. He needs to have a place in the family structure and be recognized as an individual and must be respected. Adolescent's needs and feelings should neither be taken for granted or ignored. Every child just like an adult needs gratitude for his achievement and success from the members of his family. Compliment, encouragement, responsiveness and recognition need to be given truly and regularly.

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The family provides opportunities to the adolescent's to experience success. The experience of success by itself greatly contributes to the growth and development of adolescent.

### Objectives of the Study

The objectives of the proposed study are:

1. To study the parental encouragement of male and female adolescents.
2. To compare the parental encouragement of urban male and female adolescents.
3. To study the effect of parental encouragement on academic achievement of male and female urban adolescents.

### Hypothesis

1. There is no significant difference of parental encouragements between urban male and female adolescents.
2. There is no significant correlation between parental encouragement and academic achievement of urban male and female adolescent's.

### Review of Related Literature

Good parent child relationship brings a belief of security in children and adolescents. They can count on their parents to help them out, if they have some problem. Such feeling bring positive attitude towards life and surroundings. Children who have such relations with parents have less risk of internalized problems such as feelings of confusion, depression and loneliness (Singh and Singh, 2008) <sup>[1]</sup>.

Another study conducted by Devi and Madhuri (2008) <sup>[2]</sup> reported that there is no significant difference in social maturity of adolescents with parental employment but significant differences were found in the dimensions such as interpersonal adequacy and social adequacy also they found

that there are no significant grade and gender differences were observed.

Sharma and Tahira (2011) <sup>[3]</sup> investigated the influence of parental education, parental occupation and family size on science achievement of the secondary school students in western Uttar Pradesh in India. 1500 students were selected as a sample for the study and data was collected through a questionnaire that assessed personal information and science achievement test developed by the researchers themselves. The results indicated that family variables including parental education had significant relationship with the achievement of their children.

### Methodology

For the current study, total 200 respondents were selected where 100 male and 100 female adolescents (age group of 13-18 years) from two randomly selected intermediate colleges of district Sultanpur. To study the 'parental encouragement' questionnaire method developed by Dr. R. R. Sharma, was adopted and for assessing the 'academic achievement' of adolescents, their mark sheet was analyzed.

### Result and Discussion

Table: 1 explains the distribution of urban male and female adolescent's according to their parental encouragement. Result shows that urban male adolescent scores the mean value 64 whereas female adolescent scores the mean value 67. Further Table-1 indicates that there is significant difference ( $t=1.81$ ) between urban male and female adolescents parental encouragement at 0.05 level of significance. The analysis of data shows that urban female adolescents have better parental encouragement than urban male adolescents. It indicates that in the present era parents are educated and aware for girls they makes them more efficient for self-aware to their career and self-help as compare to urban boys.

**Table 1:** Comparison of male and female respondents on the basis of mean value of their parental encouragement.

Group	Class	N	Mean	S.D.	df	't' test	Signi. level
Urban	Male	100	64	6.95	198	1.81	0.05 ns
	Female	100	67	5.39			

Note: \* Significant at the level of 0.05%

\*\*Significant at the level of 0.01%

From the analysis of the data of table 2 shows that 100 urban male adolescents have been score the Mean value 64 for their parental encouragement and 66.5 for their academic achievement with Standard deviation .67 and 1.24 respectively. Further, value of 'degrees of freedom' was calculated as 198. The Correlation 'r' between 'parental encouragement' and 'academic achievement' of urban male adolescents has been found the value 0.47 which are seen

significant at 0.01 percent level of significant. It means urban male adolescents parental encouragement and their academic achievement are positively correlated, which indicates that with increase in positive parental encouragement of adolescents there will be increase in academic achievement. It indicates that the academic achievement of adolescents strongly depend upon the parental encouragement.

**Table 2:** Correlation between parental encouragement and academic achievement of urban male adolescents.

Class	Group	N	Mean	S.D.	df	'r'	Signi. level
Urban Male	Parental encouragement	100	64	0.67	198	0.47	0.05 ns
	Academic achievement	100	66.5	1.24			

Further analysis of the data from the table 3 reveals that, 100 urban female adolescents have been score the Mean value 67 for their parental encouragement and 67.5 for their academic achievement with Standard deviation 5.39 and 9.74 respectively. Further, the value of 'degree of freedom' was calculated as 198. The Correlation 'r' between 'parental encouragement' and 'academic achievement' of urban female

adolescents has been found the value 0.32 which is significant at 0.05 percent level of significant. This analysis also indicates that female adolescents of urban families have positively correlation between 'parental encouragement' and their 'academic achievement'. Which indicates that parental encouragement have good effect on academic achievements of female adolescents as same as male adolescents.

**Table 3:** Correlation between parental encouragement and academic achievement of urban female adolescents

Class	Group	N	Mean	S.D.	Df	'r'	Signi. level
Urban Female	Parental encouragement	100	67	5.39	198	0.32	0.05 ns
	Academic achievement	100	67.5	9.74			

### Conclusions

This study examined parental encouragement of adolescent about gender differences in urban areas and overall results show that, in the present era the urban parents have pay more attention on their adolescents in respect to their career and academic achievements. The parents want to give more encouragement to their adolescents.

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