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## **Impact of vocational training on (cutting and sewing activity) farm women: A success story**

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### **Abstract**

Women are worst affected when it comes to unemployment and poverty. Without any income of their own, they need to depend on men for anything and everything. If the men are also unemployed, the matter gets worse. Women empowerment through self-reliance and financial independence can be achieved by providing vocational training, through which women can either start up something of their own or take- up a job.

Krishi Vigyan Kendra gives training to make women self-sufficient and confident. Stitching garments is one job that remains till end of the mankind. Further, basic tailoring skills enable women to work from home, they can continue in their traditional role as homemaker and yet earn. Tailoring is something which women can immediately start right from their homes upon completion of their course.

Interested women are train for embroidery, arts and designing skills as well as tailoring. The course duration is 2 months for basic cutting & sewing, next the participants can progress to the next level which is training in detailed art & creativity. Started with one sewing centre with 1sewing machines and 5students in ainthu, Pratapgarh (Uttar Pradesh), it has now expanded to six centers in Kalakankar block district Pratapgarh.

**Keywords:** Cutting and sewing activity, farm women, vocational training

### **1. Introduction**

Krishi Vigyan Kendra, pratapgarh is working for upliftment of social economic status of farm families. KVK is engaged with transfer of technology related to agriculture and allied fields in villages of Pratapgarh district. The farm women of the area are mostly engaged as daily wages farm work, which is available in particular crop season. Majority of farm women have lack of knowledge and money to start their own business and Grah udyog. Due to poor economic condition, they are unable to purchase things for their daily household need. It resulted in poor economic conditions of farm families. KVK organizes many training programmes on different topics related to Agriculture and Income generation for farmers, farmwomen and rural youth. During vocational training programmes, complete technology in form of theory and practical has been delivered. The vocational training programme organizes on regular basis on successful completion of training on drafting, cutting and stitching of ladies and children garments. Many women and young girls started their work and earning enough.

### **2. Objectives**

- To bring improvement in the skills of the individual.
- To become self-employed and raise the socioeconomic standard of their family
- To make farm women familiar with tailoring and embellishment of fabric.

#### **2.1 Financially Breaking the Bank**

Aged 28 years, kranti, a resident of ainthu, lal sahab ka purwa, kalakankar. After getting married, she has no source of income, her husband was unemployed. She approached Krishi Vigyan Kendra, pratapgarh and attended two month vocational training on cutting and stitching of garments along with she completed her graduation. She had basic knowledge of stitching but after many years of married life she was out of touch with this work. After attended two month vocational training at Krishi Vigyan Kendra, she was keen to pursue this work as an enterprise.

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She initiated with her old sewing machine and started getting orders from neighborhood. She charges Rs. 70/- per dress which is much lower than the market rate and stitches 2-3 dress a day. She was doing field activity along with stitching. She made women self-help groups too. Now her monthly income is Rs. 5000/- to 6000/-. After successful running of her enterprise, a few months later she purchased a motor driven sewing machine from her own income. Now, her workload is increased and managing her enterprise successfully and taking orders from surrounding villages too. Now she is very happy with her work at home and supplementing her family income too. She is able to invest her money in the overall development of her children, for purchasing more items for her home. She has her own social status in the society. She is now not only economically sound but also socially enjoying her status in the society. This enterprise is proving boon to her and empowering her socially, economically and psychologically. Other women's are also influencing with her encouraging work. She has more say in her home and is more confident than before.

## 2.2 Out Comes Of Farm Women

- Farm women are utilized their leisure time through tailoring i.e. sewing is the profit making activity.
- Farm women full filled their daily bread and school expenses of their children from enterprise.
- Got skilled on sewing and there was a lot of opportunity to them to use their skill and earn money for survive and help their family.
- Got skilled to stitch cloths and make readymade garments from their home itself.
- Tailoring is the art of self-dependence and self-employment.

## 3. Conclusion

It can be concluded that vocational trainings on stitching organized by KVK, pratapgarh, were very useful and thereby creating opportunities of income generation and livelihood serenity for rural women. Rural women became socially economically, psychologically empowered and their living status also changed. Almost all the participants revealed that earn profit by adopting stitching skills and increased their income.

## 4. Implication

Looking to the success of tailoring the farm women themselves motivated and ready to come KVK and want to attend training programme as per their need and job. The use of spare time and old clothes for making fashionable garment at home and generate self-employment in farm women would be a good source of economic upliftment. Tailoring activity is a source of inspiration and self-employment generation in farm women.

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